

# CARITAS of the Archdiocese of Prague



## Help us help others!



# About Caritas of the Archdiocese of Prague

## MISSION OF CARITAS, ITS PRINCIPLES AND VALUES

Caritas helps those in need, especially the poor, the weak, the suffering, and other vulnerable members of society within our country and abroad. Caritas services are provided to people in need regardless of their age, gender, political beliefs, family structure, health status, sexual orientation, social and economic situation and the status of their affiliation to an ethnic or national minority, faith, religion or culture. Caritas aid abroad is performed with respect to domestic cultures and religions.

Its mission takes place mainly through material, social, humanitarian, developmental, psychological and spiritual help to those in need and also through the efforts to establish a society that is more just. Based on the Code of Caritas of the Czech Republic

## HELPING THOSE IN NEED WITHIN THE ARCHDIOCESE OF PRAGUE AND ABROAD

This mission in the Archdiocese of Prague is fulfilled through Caritas of the Archdiocese of Prague and dozens of Parish Caritas.

## CONTENT

### Presentation of Caritas

Foreword	1
Reference map of Caritas in the Prague Archdiocese	2
<b>Social and health services</b>	
Care for the Elderly	4
Helping people at risk of social exclusion	6
Support for families and children	8
Caring for patients	10
Support for people with disabilities	11
<b>Development cooperation and humanitarian aid</b>	12
India	13
Uganda	15
Zambia	16
Democratic Republic of Congo	17
Belarus	18
Support of foreigners in the Czech Republic	19
<b>Mosaic of events in 2012</b>	20
<b>Overview of costs, revenues and number of employees in 2012</b>	22
<b>Vote of thanks to donors and partners</b>	24



Their joint founder is the Archbishopric of Prague. Caritas provides professional social and health services and has developed a number of projects to help those in need within the Archdiocese of Prague, but also abroad. It also provides out voluntary services for the benefit of patients and people in retirement. Activities of the Caritas affect the general public by highlighting problems of the weakest in our society, but also by trying to get the public involved.

Caritas have the status of clerical legal bodies (Act No. 3/2002 Coll., on churches and religious communities) and they are a part of the Roman Catholic Church. Caritas of the Archdiocese of Prague and some Parish Caritas have a separate legal entity, and other Caritas operate as voluntary groups within the parish communities. Conceptual leadership of Caritas in the Prague Archdiocese belongs to the Archbishop and the bishop's vicar. The Council of Caritas in the Prague Archdiocese and the Caritas Economic Council also play a significant role. Parish Caritas are a subject to methodical leadership of Caritas in the Archdiocese of Prague.

## CARITAS IN THE CZECH REPUBLIC AND ABROAD

Caritas in the Archdiocese of Prague are a part of global network of Caritas Internationalis, which operates in almost all countries of the world. Caritas organization is one of the largest global networks striving to eliminate poverty and establish a fairer society.

In the Czech Republic, the network consists of 8 (arch) diocesan Caritas and hundreds of parish, urban and regional Caritas. The entire network acts under the umbrella association called Caritas Czech Republic. Caritas is the largest non-governmental provider of social services in our country.

# Foreword



Dear friends and supporters of the Caritas work,

You are receiving the annual report of Caritas in the Archdiocese of Prague.

Caritas has now been able to operate freely and in accordance with its mission to work in the field of social assistance for more than 20 years. It is its typical activity and on the broadest level, the Catholic Church is represented through Caritas service. Caritas helps very authentically to create the image of the Church, which not only preaches the word of God, but also helps wherever it is needed. And we can say that it is present to the fullest precisely, where the Church helps through its Caritas. It shows how important the role of Caritas is and highlights its indispensability in all levels of our society. In every parish, in every town with a religious community, Caritas services should be visibly present. They might be limited by local possibilities, but they should certainly be visible. The work of Caritas of the Archdiocese of Prague, which is the main bolt of charitable activities throughout our Archdiocese, is all the more indispensable.

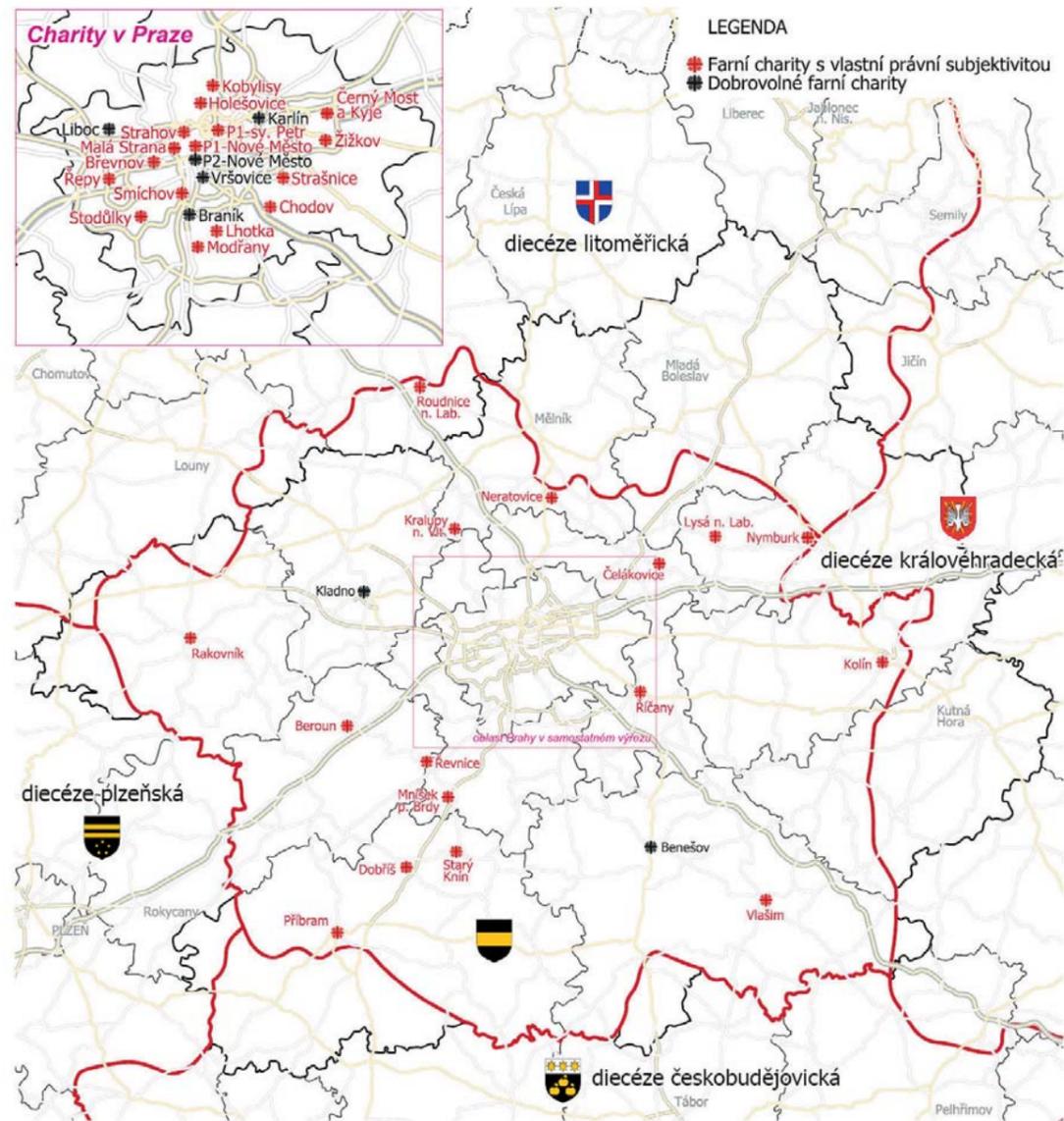
This annual report presents the activities of Caritas of the Archdiocese of Prague and Parish Caritas. The main Caritas projects include care for the elderly, support for families with children, helping the ill and the disabled, and helping those at risk of social exclusion. Caritas extends its help through its projects within the Prague Archdiocese to more than 15 thousand people. But we should not omit its charitable activities particularly in India, Uganda, Congo, Zambia and Belarus. All this work is a result of diligent work of about 500 Caritas workers and a large number of volunteers.

Our great work would not be possible without the financial support of many donors and we get further support by a large number of those who pray for the success of Caritas work and they offer their spiritual gifts. Altogether, this is a great power and a visible spiritual dimension of Caritas assistance. Since this is not merely a flat dimension of social help on the natural level, but predominantly help and support motivated by love and inspired by the presence of the Holy Spirit, we believe that through Caritas, the Church can help today's society to heal. It does have a lot to offer.

I would therefore like to thank everyone who participates in any way in the development of Caritas work in our Archdiocese. No service, support, or even the slightest help in the development of Caritas work is small or insignificant. It is always of a great value and we appreciate it. Without it, we would not have the diverse mosaic of Caritas services of today; a mosaic, which is ever growing and reflects the joy of God's creation.

Cardinal Dominik Duka OP  
+ Archbishop of Prague

# Reference map of Caritas in the Prague Archdiocese



Caritas of the Archdiocese of Prague	ID: 43873499	Londýnská 44, 120 00 Praha 2	<a href="http://www.praha.charita.cz">www.praha.charita.cz</a>
FCH Beroun	ID: 47514329	Cajthamlova 169, 266 01 Beroun 4, Zavadilka	<a href="http://www.beroun.charita.cz">www.beroun.charita.cz</a>
FCH Čelákovice	ID: 43752080	Stankovského 1643, 250 88 Čelákovice	tel.: 603 516 899
FCH Dobříš	ID: 73633909	Na nábreží 1650, 263 01 Dobříš	<a href="http://www.farnostdobris.cz">www.farnostdobris.cz</a>
FCH Kolín	ID: 73633941	Brandlova 17, 280 02 Kolín	<a href="http://www.bartolomej-kolin.cz">www.bartolomej-kolin.cz</a>
FCH Kralupy nad Vltavou	ID: 25620800	Chmelova 212, 278 01 Kralupy nad Vltavou	<a href="http://charita.nasefarnost.cz">http://charita.nasefarnost.cz</a>
FCH Lysá nad Labem	ID: 26520826	nám. Bedřicha Hrozného 7, 289 22 Lysá nad Labem	<a href="http://www.charitalysa.wz.cz">http://www.charitalysa.wz.cz</a>
FCH Mníšek pod Brdy	ID: 47003537	Lhotecká 511, 252 10 Mníšek pod Brdy	tel.: 318 592 619
FCH Neratovice	ID: 47009730	U Závru 1458, 277 11 Neratovice	<a href="http://www.neratovice.charita.cz">www.neratovice.charita.cz</a>
FCH Nymburk	ID: 73634794	Kostelní náměstí 9, 288 02 Nymburk	<a href="http://www.nymburk.charita.cz">www.nymburk.charita.cz</a>
FCH Praha 1 – Malá Strana	ID: 73633950	Josefská 28/8, 118 00 Praha 1	<a href="http://www.augustiniani.cz/farnost/farni-charita-skupina-sv-rity-z-cascie">www.augustiniani.cz/farnost/farni-charita-skupina-sv-rity-z-cascie</a>
FCH Praha 1 – Nové Město	ID: 26520818	Jungmannovo nám. 753/18, 110 00 Praha 1	<a href="http://www.programmari.cz">www.programmari.cz</a>
FCH Praha 3 – Žižkov	ID: 48548855	Čajkovského 669/36, 130 00 Praha 3	<a href="http://www.farnost-zizkov.cz/?id_rubrika=54">www.farnost-zizkov.cz/?id_rubrika=54</a>
FCH Praha 4 – Chodov	ID: 60435194	U Modré školy 1, 149 00 Praha 4 – Chodov	<a href="http://www.charitapraha4.cz">www.charitapraha4.cz</a>
FCH Praha 4 – Lhotka	ID: 61381098	Ve Lhotce 36, 142 00 Praha 4 – Lhotka	tel.: 241 490 910
FCH Praha 4 – Modřany	ID: 73633933	K dolům 31/5, 143 00 Praha 12	<a href="mailto:charita.modrany@seznam.cz">charita.modrany@seznam.cz</a>
FCH Praha 5 – Smíchov	ID: 73633861	Náměstí 14. října 642/17, 150 00 Praha 5	tel.: 724 049 033
FCH Praha 6 – Břevnov	ID: 73633917	Markétská 1/28, 169 01 Praha 6	tel.: 220 406 232
FCH Praha 6 – Řepy	ID: 73633925	Galandova 1234/5, 163 00 Praha 6	tel.: 235 300 347
FCH Praha 7 – Holešovice	ID: 49368222	Dukelských hrdinů 16, 170 00 Praha 7	<a href="http://www.charitap7.cz">www.charitap7.cz</a>
FCH Praha 8 – Kobylisy	ID: 73633895	Kobyliské nám. 1000/1, 182 00 Praha 8	<a href="http://www.terezicka.sdb.cz/fch">www.terezicka.sdb.cz/fch</a>
FCH Praha 10 – Strašnice	ID: 73633852	Ke Strašnické 1000/10, 100 00 Praha 10	<a href="http://www.charita.farnoststrasnice.cz">www.charita.farnoststrasnice.cz</a>
FCH Praha 14 – Černý Most, Kyje	ID: 73634531	Prelátská 12, 198 00 Praha 9 – Kyje	<a href="http://www.charitakyje.cz">www.charitakyje.cz</a>
FCH Příbram	ID: 47072989	Nám. T. G. Masaryka 1, 261 01 Příbram	<a href="http://www.pribram.charita.cz">www.pribram.charita.cz</a>
FCH Rakovník	ID: 73633879	Pražská 7, 269 01 Rakovník	tel.: 723 988 869
FCH Roudnice nad Labem	ID: 62769111	Riegrova 652, 413 01 Roudnice nad Labem	<a href="http://www.charitaroudnice.cz">www.charitaroudnice.cz</a>
FCH Řevnice	ID: 45845271	Nám. krále Jiřího z Poděbrad 20, 252 30 Řevnice	<a href="http://revnice.charita.cz">http://revnice.charita.cz</a>
FCH Říčany	ID: 73633887	Masarykovo nám. 70/18, 251 01 Říčany	<a href="http://www.ricany.cz/farnost">www.ricany.cz/farnost</a>
FCH Starý Knín	ID: 47068531	nám. Jiřího z Poděbrad 47, 262 03 Nový Knín	<a href="http://www.socialnipece.cz">www.socialnipece.cz</a>
FCH Stodůlky	ID: 49368265	Kovářova 21, 155 00 Praha 13	<a href="http://www.stodulky.charita.cz">www.stodulky.charita.cz</a>
FCH Strahov	ID: 73635154	Pohořelec 23/113, 110 00 Praha 1	<a href="http://www.charita-strahov.cz">www.charita-strahov.cz</a>
FCH sv. Petra, Praha 1	ID: 73633941	Biskupská 13, 110 00 Praha 1 – Nové Město	<a href="http://www.blind.charita.cz">www.blind.charita.cz</a>
FCH Vlašim	ID: 47084359	Husovo nám. 46, 258 01 Vlašim	<a href="http://www.vlasim.charita.cz">www.vlasim.charita.cz</a>
FCH Benešov	-	Jiřího Franka 1644, 256 01 Benešov	<a href="http://www.farnost-benesov.cz">www.farnost-benesov.cz</a>
FCH Kladno	-	Náměstí starosty Pavla 2/7, 272 01 Kladno	tel.: 603 543 988
FCH Praha 2 – Nové Město	-	Ječná 2, 120 00 Praha 2 – Nové Město	tel.: 721 367 590
FCH Praha 4 – Braník	-	Nad Šálkovnou 3, 147 00 Praha 4	tel.: 728 228 130
FCH Praha 6 – Liboc	-	Libocká 41, 162 00 Praha 6 – Liboc	-
FCH Praha 8 – Karlín	-	Sokolovská 66 186 00 Praha 8 – Karlín	tel.: 222 320 598
FCH Praha 10 – Vršovice	-	Vršovické náměstí 6, 101 00 Praha 10 – Vršovice	<a href="http://www.farnostvrsovice.cz/farnost/charita">www.farnostvrsovice.cz/farnost/charita</a>

The annual report contains a summary of the work of all Caritas operating within the Archdiocese of Prague. Individual Caritas have their own legal entity or work as a volunteer organization in the parish communities.

# Care for the elderly

The elderly are the most frequent receivers of Caritas services both within the Archdiocese of Prague and on the national level. Caritas would like to further develop those services, as the number of people who need this kind of support is ever growing and virtually every person get into a situation at some point when he will need them. Caritas offers many types of services and assistance projects to the seniors.

## STAYING AT HOME FOR AS LONG AS POSSIBLE

**Caritas Home care service** assists seniors who need help of another person with housekeeping, personal care or errands. Carers come directly to client's homes. In a similar way, the **Relief services** provide assistance to family members caring for their elderly relatives. By taking care of their elderly relative, family members gain extra time and space for their own activities and time to rest. In 2012, Caritas in the Archdiocese of Prague offered its Home care and Relief services to 1135 seniors.

Similarly, **Daily and Weekly care centers** strive to ensure that seniors can stay with their loved ones at home as long as possible, even if their self-sufficiency is somewhat reduced. During the day (day care) or over the entire working week (weekly day care) seniors spend their time in the center. With a variety of activities such as memory training, exercises, discussions with guests and other, older people maintain their mental and physical abilities. In its daycare center, Parish Caritas Pribram began to use a treatment method which involves the presence of a dog – a canistherapy. Caritas in the Archdiocese of Prague operates 5 Day care centers (Pribram, Beroun, Odolena Voda, Obříství, Prague) and one Weekly care center (Beroun). Most centers will accept elderly with memory disorders caused by diseases such as Alzheimer's disease. The care centers in Beroun directly specialize in helping these clients. Every year, the Caritas Daily and Weekly care centers provide its services to 98 clients.

## PEACEFUL AGING IN A CARITAS SENIOR HOME

Seniors who cannot live independently or with their family receive assistance from the **Senior home** operated by Caritas of the Archdiocese of Prague in Mukařov. It offers its services to 39 clients. Thanks to the quiet, rural setting and the assistance of social workers, nurses, carers and a chaplain, clients have ideal conditions needed to enjoy the peaceful old age. For seniors suffering from Alzheimer's disease or other types of dementia, Caritas of the Archdiocese of Prague operates a **Senior home with special regime**, established in 2012 in Barrandov. This service is similar to the Senior home for the elderly, but the care is tailored to the specific needs of its clients. The facility accepts not only retired seniors, but also any clients above the age of 55.

## MEMORY TRAINING AND COMPUTER COURSES

Caritas services for the elderly are designed with the goal of maintaining their receivers' independence for as long as possible. This principle is embedded in all our services. We also offer specialized programs of educational and recreational activities which help to enhance physical and mental abilities of older people. There are programs such as memory training, exercises, PC courses, language courses and much more. Seniors meet with friends, make new contacts and ultimately may turn to social workers of Caritas for advice on dealing with their personal issues, communicating with authorities, etc. These programs are referred to as **Social activation services for the elderly and the disabled**, and offered by Caritas in Neratovice Vlašim, Beroun and Old Knín for 484 clients in total.



## PROFESSIONALS AND VOLUNTEERS

When it comes to caring for the elderly, following professional services are complimented by volunteer work. Elderly people who might feel lonely receive help from voluntary Parish Caritas. Volunteers provide seniors with a much needed kindness and interest. Most of them will operate **senior clubs** (regular meetings with a prepared program), they **visit seniors** in Caritas homes, hospitals or homes for the elderly, and they **organize trips**. The entire Archdiocese involves hundreds of elderly people. Most of these activities are however not subject to any statistics; that arise spontaneously within each parish community. The most valuable part of this is the fact that this assistance to people in need – not only seniors, but also families and disabled people – is a natural part of the life of the parish.

## HELP TO SENIORS IN FINANCIAL NEED

Regrettably, more and more elderly people suffer from financial hardship. Many of them are unable to pay for their own housing. This was the reason why Caritas dedicated part of its **St. Theresa Shelter Home** to people of senior age (for more information please refer to chapter Helping people at risk of social exclusion). When confronted with financial emergency, senior citizens use the **social counselling** network and **Caritas clothes banks** or they can receive **direct financial aid** from the collections organized on a regular basis for people in need by numerous Caritas organizations (for more information please refer to chapter Helping people at risk of social exclusion).

## CARITAS HOME CARE:

Parish Caritas Neratovice, Parish Caritas Starý Knín, Parish Caritas Přeboram, Parish Caritas Beroun, Parish Caritas Holešovice, Parish Caritas Prague 4 – Chodov, Caritas of the Archdiocese of Prague, Parish Caritas Roudnice nad Labem

## RELIEF SERVICE:

Parish Caritas Starý Knín, Parish Caritas Přeboram, Parish Caritas Beroun, Parish Caritas Neratovice, Parish Caritas Holešovice, Caritas of the Archdiocese of Prague

## ADULT DAYCARE:

Parish Caritas Neratovice (Obříství, Odolena Voda), Parish Caritas Přeboram, Parish Caritas Beroun, Caritas of the Archdiocese of Prague

## WEEKLY ADULT DAYCARE:

Parish Caritas Beroun, Caritas of the Archdiocese of Prague (till 30. 6. 2012)

## SENIOR HOME: Caritas of the Archdiocese of Prague

## SENIOR HOME WITH A SPECIAL REGIME: Caritas of the Archdiocese of Prague

## SOCIAL ACTIVATION SERVICES FOR SENIORS AND THE DISABLED:

Parish Caritas Starý Knín, Parish Caritas Neratovice, Parish Caritas Vlašim, Parish Caritas Beroun

## VOLUNTEER HELP FOR THE ELDERLY:

Parish Caritas Říčany, Parish Caritas Benešov, Parish Caritas Prague 3 – Žižkov, Parish Caritas Prague 8 – Kobylisy, Parish Caritas Prague 2 – Nové Město, Parish Caritas Prague 10 – Vršovice, etc.



# Helping People in risk of Social Exclusion

We would like to pay attention to services provided to those socially handicapped and homeless. Unfortunately, social exclusion can in certain circumstances affect other Caritas clients as well, but we will focus on these groups in other chapters. In addition to the elderly, homeless people are the most frequent clients of Caritas in the Archdiocese of Prague. Social exclusion associated with homelessness affects large number of people and Caritas is there to offer assistance through the network of organized volunteers and professional social services. Caritas is a major provider of care for the homeless and that makes it one of the most important partners of the Prague City Hall and The Ministry of Labor and Social Affairs in designing a concept of tackling homelessness in Prague.

## SHORT-TERM AND LONG-TERM SHELTER

Assistance to the homeless is a specialization of Caritas Prague and Beroun; these Caritas operate **Shelter homes for the homeless** which provide long-term accommodation. During their stay in the Shelter Home, clients – with the assistance of social workers – strive to be able to integrate back into society. The shelters have accommodated 84 clients in 2012.

The **Flophouses** offer overnight stays and their aim, among other, is to reduce the number of people sleeping on the streets and in public areas. Flophouses also promote social inclusion – clients first learn about other related services and projects of Caritas and social workers may identify suitable candidates for the long-term Shelter homes. Within the past year, Caritas Flophouses in Prague and Beroun accommodated 577 people.

In 2012, Caritas of the Archdiocese of Prague joined the **Help Centre Vackov project**. Thanks to a financial gift of Jablotron Alarms and thanks to the cooperation of the three largest non-governmental organizations providing services to homeless people, a new flophouse was opened in Prague during the winter months. This facility complemented the permanent Flophouses at the time of the increased need. The Centre accommodated about 300 people, who were accommodated for more than 6,000 nights in total.

## FOOD, HYGIENE AND CLOTHING

There are two **Drop-in day centers** that offer refuge to those who need it – one is located in Prague's Karlin, second in Beroun. Homeless people have the opportunity to wash their clothes, take a shower, and have some soup. In the winter, these centers will allow their visitors

to stay overnight on a so called “warm chair”, because many of them might not be able to get into the Flophouses with limited capacities and that presents a great risk to their lives and health. There are also **informal day centers** run by Caritas in Prague districts 1, 2 and 8 and in Stara Boleslav. They offer bread, soup, clothing and medicine. A number of other Caritas offers **financial assistance** for those at risk of social exclusion through collections, individual donations, etc. To ensure the needs of its clients, Caritas also organizes **collections of clothes**. It collects clothes from the public and distributes it to shelters, drop-in centers, and to individuals and families in need.

## SPECIALIZED PROGRAMS

There are ongoing **Outreach programs** in Beroun and Prague that reach out to individuals who do not use any available system of help. They scope for homeless people in their natural environment, trying to build relationship of trust, and they offer information, support, and motivation to change the current situation. **Outreach program Mary** of the Parish Caritas in Prague 1 – Nové Město is unique in focusing on women living in social exclusion or who are at risk of exclusion. In the past year, the outreach programs have targeted 336 clients.

Parish Caritas Beroun is developing its **Social rehabilitation services**. Intensive work with each individual client renews and re-establishes healthy working and social habits. The program includes education, job retraining, counselling, as well as work within training facilities, where clients perform under guidance tasks as unskilled construction workers, cleaners, gardeners or they work in the woods. The program has involved 40 people. Caritas Prague 4 – Chodov focuses on **Secondary prevention of crime**, i.e., it assists the accused and convicted citizens. This service is provided by volunteers who are members of the prison religious care. They provide their mental and spiritual support and guidance through personal meetings and correspondence. Caritas Prague 1 – Nové Město is dedicated to the prevention of crime in a similar way. It reaches out to female prisoners and convicts to help them to reintegrate into society.

## ART OF ADVICE AND SECURING EFFECTIVE HELP

**Professional social counselling** is not only for the homeless; anyone who is in a difficult social situation can turn to these services provided by Caritas in Prague, Vlašim and Kralupy. As a standard, basic social counselling in addition extends to other social services. Individual professional social counselling specializes in specific problem areas. The Counselling center in Kralupy is focused on employment counselling and legal advice. Caritas of the Archdiocese of Prague runs a counselling project Magdala (see chapter Support for families and children) and the Counselling center for migrants and refugees (more in chapter Support Foreigners in the Czech Republic).

**Christian psychological counselling center** of the Parish Caritas in Roudnice provides assistance in the form of counselling, psychotherapy and lectures.



## SHELTERS FOR THE HOMELESS, FLOPHOUSES:

Caritas of the Archdiocese of Prague, Parish Caritas Beroun

**DROP-IN DAY CENTERS:** Caritas of the Archdiocese of Prague, Parish Caritas Beroun

## INFORMAL DROP-IN CENTERS:

Parish Caritas Prague 1 – Malá Strana, Parish Caritas Prague 8 – Kobylisy, Parish Caritas Prague 2 – Nové Město, Caritas of the Archdiocese of Prague

## MATERIAL AID:

Parish Caritas Řevnice, Parish Caritas Lysá nad Labem, Parish Caritas Strahov, Parish Caritas Prague 3 – Žižkov, Parish Caritas Prague 6 – Břevnov, Parish Caritas Říčany, Parish Caritas Benešov, Parish Caritas Prague 2 – Nové Město, Parish Caritas Prague 6 – Liboc, Parish Caritas Prague 10 – Vršovice, Parish Caritas Dobříš, Parish Caritas Čelákovice

## CHARITY CLOTHING:

Caritas of the Archdiocese of Prague, Parish Caritas Prague 4 – Modřany, Parish Caritas Roudnice nad Labem, PARISH CARITAS Stodůlky, Parish Caritas Beroun

**OUTREACH PROGRAMS:** Parish Caritas Beroun, Parish Caritas Prague 1 – Nové Město

**SOCIAL REHABILITATION:** Parish Caritas Beroun

## SUPPORT FOR CONVICTED CITIZENS:

Parish Caritas Prague 4 – Chodov, Parish Caritas Prague 1 – Nové Město

**PROFESSIONAL SOCIAL COUNSELLING:** Caritas of the Archdiocese of Prague, Parish Caritas Kralupy nad Vltavou, Parish Caritas Vlašim;

**BASIC SOCIAL COUNSELLING IS PROVIDED BY ALL CARITAS OFFERING REGISTERED SOCIAL SERVICES**

**CHRISTIAN PSYCHOLOGICAL COUNSELLING:** Parish Caritas Roudnice nad Labem



# Support for families and children

The experts in Caritas – social workers, social therapists, video trainer, mediators, leading Youth workers and other specialty staff are often facing a difficult task of helping a family in crisis. Whether the cause is poverty, disrupted relationships, or in extreme cases, domestic violence, Caritas always tries to encourage parents to find solutions and to protect children so that they are affected by that situation as little as possible.



## OFFERING ASYLUM AND A NEW PERSPECTIVE

An important part of the mosaic of Caritas family services take up **Shelters for mothers (and fathers) with children in need**. These shelters offer sanctuary for parents with children who have lost their homes and often their self-confidence, perspective and hope. They will receive all the support to be able to live independently again. Great attention is paid to the children, their development, leisure activities, and to deepening their relationship with their parents.

Within the Archdiocese of Prague, Caritas operates 7 shelters (Mokrovraty u Dobrise, Roudnice nad Labem, Kralupy nad Vltavou (2x), Lochovice, Brandys nad Labem, and Prague). In 2012 these establishments offered shelter to 491 clients, parents and children.

## COMPLEX FAMILY SUPPORT

The support offered to parents and children in these shelter homes is often very useful to other families in a difficult social situation as well. **Social activation services for families with children** and **Social rehabilitation services** provide these families with counselling and support and they contribute to the proper development of the child and the social inclusion of the family. It is a comprehensive service. It offers support in many areas of family life – from helping with the running of the household, household budget planning, to support and help with the skills and abilities needed to care for and educate a child. Clients learn how to help them with their school tasks, how to provide them with adequate leisure activities, they get advice on welfare benefits, housing and employment. In the past year, Caritas programs of social activation and rehabilitation involved 522 people.

**Project Magdala** offers help to those who have experienced domestic violence or have become victims of trafficking. Therapists and social workers provide emergency assistance, social counselling and in case of need, a safe accommodation and a secret address. In 2012, the Magdala project assisted 234 people. Project Magdala is also active in other dioceses and thus operates nationwide. Coordination of the project is secured by Caritas of the Archdiocese of Prague.

## RISKY LIFESTYLE OF CHILDREN AND YOUTH

Children and young people of today are more than ever at risk of adopting an inappropriate lifestyle, which may include truancy, vandalism, alcohol, drug abuse and violence. Children from dysfunctional families exhibit more than 3 times higher frequency of such behaviour. Caritas is therefore dedicated to its prevention. It operates two **Drop-in centers for children and youth** from underprivileged, mostly Roman families – in Roudnice nad Labem and in Kralupy nad Vltavou (Club Rep Sun). In 2012, the program and the integration of the Roman community of the Parish Caritas Beroun had a similar focus. Leisure and educational activities will foster the integration of children and adolescents in family, school, social and public environment so that in the future they do not feel disadvantaged in education and employment opportunities. In 2012, these programs reached out to 310 children.

Helping young people is the domain of a **Halfway House** in Kralupy nad Vltavou. It is a residential facility for young people who leave orphanages and reformatories. Halfway House offers them support for entry into independent life.

## TAKING UP HOBBIES IN THE PARISH CARITAS

The offered social services are complemented by activities for children and young people organized by volunteers. They organize various **clubs** and one-time **events for children** (trips, theater, Children's Day celebrations, carnivals, etc.). Children actively spend their time engaged in many activities such as singing, dancing, learning languages, pottery classes. These extracurricular activities organized by the Parish Caritas in 2012 involved approximately 500 children.

The Parish Caritas in Old Knin, Kralupy and Prague 10 – Vršovice responded to the lack of capacity within state kindergartens and they operate a **babysitting service**.

## MATERIAL SUPPORT TO SOCIALLY DISADVANTAGED FAMILIES

One of the principles of the work of Caritas is subsidiarity. This principle encourages the transfer of decision-making and responsibility to the lowest possible level depending on the nature of the problem. The principle of subsidiarity is carried out by volunteer activities and Caritas programs. Within their neighbourhood, Parish Caritas are very often able to respond effectively and to help an individual or family in need. This assistance usually comes in the form of **direct material or financial support**. Some Parishes focus on financial assistance to single mothers, who invest in summer holidays for the children (Caritas Strahov), other donate clothing, school supplies, bedding, dishes, etc. (Caritas Benešov). A unique form of charity work is a project called **"Tree of Wishes"** organized by Parish Caritas Prague 3 – Zizkov. In 2012, it was the 11<sup>th</sup> season of this event focusing on providing help to those in need. Thanks to the willing donors, 150 people from shelter homes for mothers with children and other establishments found a Christmas present under the Christmas tree.

## INSPIRED BY THE CHILD SPONSORSHIP PROGRAM®

The principle of helping children through the Child Sponsorship became the inspiration for the support of families in need in our country. This program of Caritas of the Archdiocese of Prague directly helps specific children in poor countries. Parish Caritas Prague 10 – Vršovice created its own parish program called the **"mini sponsorship"**. Parishioners help out with regular monthly financial contributions to local families in financial distress. At the end of 2012, Caritas Prague launched a new project called **"Healthy Family"**. The help focuses on families with multiple children and it offers contributions from individual donors. These are intended to cover the expenditure related to the education and health, which normally cannot be covered by social, health and educational system of the Czech Republic.



### **SHELTER HOMES FOR WOMEN, MOTHER (AND FATHERS) WITH CHILDREN IN NEED:**

Caritas of the Archdiocese of Prague, Parish Caritas Starý Knín, Parish Caritas Beroun, Parish Caritas Roudnice nad Labem, Parish Caritas Kralupy nad Vltavou

### **SOCIAL ACTIVATION SERVICES FOR FAMILIES WITH CHILDREN:**

Parish Caritas Beroun, Parish Caritas Starý Knín, Parish Caritas Kralupy nad Vltavou, Parish Caritas Roudnice nad Labem

### **DROP-IN CENTERS FOR CHILDREN AND THE YOUTH:**

Parish Caritas Roudnice nad Labem, Parish Caritas Kralupy nad Vltavou

### **HALFWAY HOUSE:** Caritas of the Archdiocese of Prague

### **FREE TIME ACTIVITIES FOR CHILDREN:**

Parish Caritas Lysá nad Labem, Parish Caritas Žižkov, Farní Caritas Prague 6 – Řepy, Parish Caritas Beroun

### **BABYSITTING:**

Parish Caritas Starý Knín, Parish Caritas Kralupy nad Vltavou, Parish Caritas Prague 10 – Vršovice

### **DIRECT MATERIAL AND FINANCIAL AID TO FAMILIES IN NEED:**

Parish Caritas Benešov, Parish Caritas Prague 3 – Žižkov, Parish Caritas Revnice, Parish Caritas Prague 10 – Vršovice, Parish Caritas Lysá nad Labem, Parish Caritas Strahov, Parish Caritas Prague 4 – Modřany, Caritas of the Archdiocese of Prague, etc.

# Health Care

Caritas is known throughout history for its dedication towards taking care of patients, and considers care taking as one of their most prominent tasks. In some countries even nowadays, Caritas operates health centres and hospitals. Caritas in our country directly works with the health system, in the form of providing Home health care. Throughout the 90's, Caritas was present during the creation of this service, at the time seen as a mere experiment of the Ministry of Health. The Home health care was offered under the Czech Catholic Caritas (known today as the Caritas Czech Republic). This in part was the basis for the creation of The Parish Caritas of Neratovice, today known as the lead provider of Home health care in the Archdiocese of Prague.

#### HOME HEALTH CARE OPERATES:

Parish Caritas Neratovice, Parish Caritas Píbram, Parish Caritas Vlašim, Parish Caritas Starý Knín, Parish Caritas Holešovice, Parish Caritas Stodůlky, Parish Caritas Prague 4 – Chodov

#### RENTAL MOBILITY AID:

Caritas of the Archdiocese of Prague, Parish Caritas Neratovice, Parish Caritas Starý Knín, Parish Caritas Vlašim, Parish Caritas Dobříš, Parish Caritas Prague 4 – Chodov, Parish Caritas Nymburk, Parish Caritas Beroun

#### VOLUNTEER'S VISIT PATIENTS IN:

Parish Caritas Říčany, Parish Caritas Benesov, Parish Caritas Dobříš, Parish Caritas Strahov, Parish Caritas Prague 5 – Smíchov, Parish Caritas Prague 2 – Nové Město, Parish Caritas Prague 10 – Vršovice and more.

#### HOME HEALTH CARE

**Home health care service** (also called **Caritas nursing care**) is intended for patients post hospitalization, patients that are long-term and chronically ill and patients whose medical condition is on a path of deterioration. The staff of qualified nurses has a necessary experience in treating patients at home following all medical standards. Providing such services requires a very close collaboration with the patient's relatives. Home care reduces the length of hospitalization, thus creating a more favourable condition for treatment. 3484 patients use the service provided by Caritas in the Archdiocese of Prague.

Nurses also help in Caritas homes where their permanent presence is necessary (Mukarov Senior Home, Senior home with a special regime in Prague's Barrandov – refer to chapter "Care for the Elderly"). Patients also use other services Caritas provides, such as **Home Care** (refer to chapter "Caring for the Elderly").

#### MOBILITY AIDS

A pivotal role in home care treatment and a crucial aid in the recovery process are mobility aids such as wheelchairs, walkers, adjustable beds, toilet seats, etc... Caritas in the Prague Archdiocese operates 8 offices providing **rental of such mobility aids**.

#### "I WAS ILL AND YOU CAME TO SEE ME"

Along with medical treatment, ill people are in the need of human support. Caritas volunteers **visit patients** both in hospitals and at home. They come with an intention to listen to the patients, hear their concerns and worries, and comprehend their situation while showing an interest in their problems. Volunteers visit not only patients who are parish members, but are also redirected to other patients in specific health care facilities. Volunteers visit patients regularly, usually once a week. Caritas Říčany with long term treatment facilities in Vojkov, Caritas Benešov with long term treatment facilities Benešov, Caritas Dobříš and Masaryk Nursing Home in Dobříš have among others established such collaborations. Many Caritas also help those patients that have mobility difficulties and express an interest in going to Church, by accompanying them.



## Support for people with disabilities

Overcoming the obstacles that accompany a disability is possible by taking responsibility for your life and learning some new skills while at the same time using the support of family and loved ones, social services and assisting devices. Caritas services assist their patients along the path of accomplishing such independence.

#### HELPING CLIENTS WITH SPECIFIC NEEDS

A unique facility operating as a social rehabilitation center for those with physical disabilities is '**Fatima House – Center for the Handicapped**'. Fatima House provides patients who are in need of a wheelchair due to a spinal cord injury, or any other medical disability. The Fatima House aids patients in understanding and dealing with their new situation. The center is a residential facility; the length of stay has no strict limita-

tion and is adapted to the individual need of the patient. In the year 2012, 16 patients sought out services offered by Fatima House.

Parish Caritas of St. Peter known as the '**Caritas for the Visually Impaired**' is exceptional for its specialisation in the field. Caritas for the Visually Impaired, created an audio library of Christian literature, and regularly publishes several magazines that are available in formats suitable for visually impaired readers. They are available both as an audio recording and an electronic text using voice output that can be easily connected to a computer. Around 600 patients use the help offered by the Parish Caritas of St. Peter.

#### PRACTICAL HELP WITH EVERYDAY SITUATIONS

**Private social assistance** is the most common service offered to people with disabilities. Assistants help clients with daily activities that might prove to be problematic, such as personal hygiene, dressing, preparation and consumption of meals, shopping, other home care services and accompanying and assisting patients with their everyday errands. Private social assistance services are sought out by patients with disabilities and elderly people. In the year 2012 in the Archdiocese of Prague, 189 patients sought out such services.

Support is also offered through providing **Professional social counselling** (refer to chapter 'Helping those at Risk of Social Exclusion'). Such services provide the patient with information regarding the availability of social services, social benefits to which they are entitled, or legislative conditions for employment of people with disabilities.

#### MATERIAL ASSISTANCE FOR THOSE IN NEED

People with disabilities who find themselves in an unfavourable social situation are provided with **material assistance**. The form of assistance depends on the resources available to the individual Caritas. Most of the times, this is directly linked to the support contributed by individual donors, parishioners and the Three Kings Collection.

The disabled receive help from the following Caritas: Caritas Dobříš in a social project titled Bethanie, Caritas Liboc aims to help patients of the Home of St. Family.

#### SOCIAL REHABILITATION: Caritas of the Prague Archdiocese

#### SERVICES FOR THE VISUALLY IMPAIRED: Caritas St. Peter, Prague 1

**PRIVATE SOCIAL ASSISTANTS:** Parish Caritas Starý Knín, Parish Caritas Vlašim, Parish Caritas Prague 4 - Chodov, Parish Caritas Beroun, Caritas of the Prague Archdiocese, Parish Caritas Neratovice

**MATERIAL ASSISTANCE:** Parish Caritas Liboc, Parish Caritas Revnice, Parish Caritas Dobříš



# Development cooperation and humanitarian aid

The chapters below describe development and humanitarian assistance provided by Caritas of the Archdiocese of Prague that was empowered to perform these activities within the existing Caritas network in the Archdiocese of Prague. Foreign projects are supported by a number of Parish Caritas, depending on their resources and their capabilities, often in the form of sponsoring an individual child in the Child Sponsorship Program® and participation in collections for the mission.

## TWO DECADES OF ASSISTANCE ABROAD

Caritas of the Archdiocese of Prague specializes in programs in the areas of **education, health care** and **prevention** and **community development**. The support is mainly offered to **sub-Saharan Africa** (Uganda, Zambia, Democratic Republic of Congo), **India** and **Belarus**. Caritas has been providing foreign aid since 1993, when the Child Sponsorship Program® was introduced in India.

Throughout the two decades the support has spread to many other countries, and the spectrum of activities has broadened to include other groups of the population – in addition to children in need, their parents, entire communities, people in poor health conditions, pregnant women, new-born babies and people affected by natural disasters are also receiving aid.

In addition to the above mentioned countries, 2012 witnessed a continuous development of programs in Thailand, Kazakhstan and Lithuania. Caritas has been developing programs in these countries throughout the previous years, but does not plan to further expand its presence.

## FOREIGN DONORS AND PARTNERS: KEY PLAYERS

Caritas of the Archdiocese of Prague is among the largest providers of assistance in the Czech Republic. Its strategy however differs from others of such. With a more long term focus and vision, Caritas of the Archdiocese of Prague aims to avoid short-term funding, which would only permit one time projects and in return

focuses on **long term foreign activity and cooperation with partners**, both international and domestic.

In this regard, we would like to express a warm thank you to all those who have provided their trust and support, without which providing assistance would have been unachievable.

Caritas has partners among religious orders and diocesan organizations in targeted countries. Partners play a crucial role in identifying and implementing projects. Prague Caritas provides conceptual, organizational and supervisory activities. Employees are sent out to countries such as Uganda and Zambia.

## MAY MEETING OF INTERNATIONAL PARTNERS OF CARITAS WORK:

The **International meeting** was hosted at the Prague Czernin Palace in celebration on the 450th anniversary of the restoration of the Archbishopric of Prague. The patronage was taken over by the Minister of Foreign Affairs Karel Schwarzenberg.

The meeting was attended by the Archbishop of Prague – Cardinal Dominik Duka, partners of the Caritas of the Archdiocese of Prague, Bishops of India, Uganda, DRC, Zambia, Belarus, Italy, other distinguished guests and donors. This extraordinary meeting provided an opportunity to reflect on the results of the Caritas work abroad and to strengthen existing partnerships.

## ACTIONS OF THE RELIGIOUS ORDERS:

In conclusion, we note that support to people in need abroad is offered by the Archdiocese of Prague, via activities of the parishes, religious orders and their organizations. There is a large involvement of individual donors in such activities. The mission of these organizations with common backgrounds is to alleviate the human suffering and improve living conditions for neighbours in the poorest countries of the world.

## CHILD SPONSORSHIP PROGRAM® IS PROVIDED BY:

Parish Caritas Prague 2 – Nové Město, Parish Caritas Prague 6 – Vinohrady, Parish Caritas Praha 8 – Karlín, Parish Caritas Dobřany, Parish Caritas Český Brod, Parish of St. James the Elder Church (Prague 5 – Zbraslav), Parish Caritas Strahov, Parish Caritas Stodůlky, Parish Caritas Starý Knín, Parish Caritas Roudnice nad Labem, Parish Caritas Příbram, Parish Caritas Kralupy nad Vltavou



# India

India was the first country where the Caritas of the Archdiocese of Prague launched its development assistance in 1993. Despite a rapid economic rise, more than half of India's population remains below the poverty line. Caritas of the Archdiocese of Prague supports development in rural communities and urban slums. During the last twenty years, it has become a major partner of many dioceses in India, especially in the states of Karnataka and Tamil Nadu.

## CHILD SPONSORSHIP PROGRAM® ASSISTS CHILDREN AND COMMUNITIES

The **Child Sponsorship Program®** provides support to almost 11 thousand pupils and students. Among the recipients of this aid are children dealing with poor circumstances and those that have either never attended a school or education had to be terminated early. The provided support is not limited to the sole purchase of school supplies, uniforms and tuition reimbursement. It also focuses on after-school activities, tutoring and health care. The Child Sponsorship Program® is simultaneously accompanied by programs that seek the development of communities (families, villages, schools), which aims to support the overall growing up period of a child.

## INVESTMENT IN THE IMPROVEMENT OF EDUCATION

The purpose of the Child Sponsorship Program® is to provide access to education for less fortunate children and ensure the overall quality (using teaching aids, monitoring school teaching, tutoring disadvantaged students, motivating children and parents, etc.).

In conjunction, a need in additional investment, for the betterment is required in some schools in order to improve the level of education. In the past year, Caritas has **IT lessons** to rural schools in the districts of Humnabad, Kopp, Hunsur, **English lessons** were introduced in Kopp and Hunsur, and a **library** was opened in Humnabad. Two schools in Mangalore received the support needed during **establishing a new educational program**: The expansion of the secondary technical school was dedicated to teaching students about the cultivation of commercial crops. A school for special needs children expanded their curriculum, by offering three new courses; processing paper products, stitching books and joinery. In the mountainous areas of Kodaikanal, Caritas supports the basic **operation of a secondary boarding school**, which, without this assistance would have gone out of business, leaving hundreds of students with incomplete studies. At the beginning of 2012 with the aid and contribution of Caritas, the **construction of the Hostel for the teaching staff** was completed (Bidar). The Hostel currently serves several schools run by the Carmelite sisters.

## AIDING SCHOOLS IN RESOLVING PROBLEMATIC SITUATIONS

Investing in schools may be guided by an effort to rescue the institution, providing both – physical or economical relief. This can be exemplified by the construction project at the College of Mother Teresa in Udupi. A **support wall** was constructed in order to prevent soil erosion caused by a massive monsoon rain, threatening the structural integrity of the school building. Greater **economic self-sufficiency** was attained by the secondary school in Bidar. With Caritas support, the school began its own agricultural production, which now supplies the boarding schools kitchen with food.





# Uganda

Caritas of the Archdiocese of Prague focuses its assistance in Uganda on education, health care and community development. For the past 12 years, during which Caritas has been operating in Uganda, we can witness specific impact; an increase in the proportion of children attending schools, in the existence of a functional regional Hospital. Caritas has built a very strong foundation base in Uganda for further work. The on-site work team is formed by Czech staff and volunteers supported by local dioceses and Indian religious congregation.



## GAMES THAT DEVELOP THE CHILD'S PERSONALITY

In the past year, Caritas of the Archdiocese of Prague developed and introduced programs with **modern teaching methods** aimed to innovative and correct the current methods of teaching (Bidar). Several schools received a donation for the construction of **school playgrounds** and other **facilities dedicated to leisure activities** for children (Bailhongal, Bidar, Mangalore). In Mangalore, Caritas built a **kindergarten** for children from underprivileged families.

## SUPPORTING SELF HELP ACTIVITIES

A child's future depends on education. An adult's future depends on finding gainful activity, allowing him to provide for his family. Caritas of the Archdiocese of Prague supports **small businesses** through **microcredit loans**, providing **re-training, requalification** and forming **self-help groups**. In the recent years, tens of thousands of households received support. In 2012, the program continued in Belthangady, Karkal, Chikmagalur (Tamil Nadu) Bantwal, Moodbidri, Mangalore and Bidar (Karnataka).

## AWARENESS AND ADVICE FOR ADULTS

**Educational programs** for adults, especially those residing in villages are required due to the limited access to information. In 2012, in the districts of Dakshina Canada and Kasargot, a state program was presented aiming to improve and support the health and pension insurance system. A focus on specific areas, and educating this specific population group proved to be effective. A special **training** was designed for those that are **HIV positive** in Coimbatore. **Awareness programs** target the **young-er group of the population**, motivating young people to live a healthier lifestyle (Erode, Karur, Tirupur). Conditions of extreme poverty usually lead to risky lifestyle and various forms of social pathology. Alcoholism among men in India is particularly widespread. The Bhalki project has been dedicated to the **treatment and therapy of alcoholism**.

## HEALTH CARE FOR CHILDREN, MOTHERS AS WELL AS PATIENTS WITH HIV/AIDS

Caritas of the Archdiocese of Prague dedicates attention to **health treatment and prevention**. The support and dedication can be seen with the recently built the Sr. Ignatius Nursing School and the extension of the St. Ignatius Hospital (Honavar). The support is continually delivered throughout the past year focusing mainly on the **outreach health care programs** for pregnant mothers and new-borns. Hospitals in Bijapur also receive an annual support for **medication and nutrition for HIV positive patients**.

### PARTNER DIOCESES:

**Karnataka state:** Mangalore, Gulbarga, Karwar, Shimoga, Bangalore, Belthangady, Mysore, Chikmagalur, Bellary;

**Tamil Nadu state:** Coimbatore, Madurai, Tuticorin, Chingleput;

**State of West Bengal:** Calcutta;

**Andhra Pradesh state:** Kurmool;

**State of Maharashtra:** Kalyan

## CHILD SPONSORSHIP PROGRAM® HELPS THREE THOUSAND CHILDREN

In 2012, the **Child Sponsorship Program®** supported the education of 3,000 children in Uganda. 150 children are under the simplified form of the program, where the child's sponsor has no personal correspondence with the sponsored child. With the support of the program all sponsored children could pay their tuition fees. In addition to that, they receive school supplies and uniforms. In case of illness or injuries, children receive free treatment in the St. Charles Lwanga Buikwe Hospital or in other partner health care facilities. In relation to the **voluntary service**, co-financed by the Ministry of Interior of the Czech Republic, 3 Czech volunteers travelled to Uganda and offered assistance in ensuring the operation of the Child Sponsorship Program®.

## CARITAS PRIMARY SCHOOL IN UGANDA IS SELF-SUFFICIENT

In 2010, Caritas founded **Elementary of St. John of Nepomuk**. The school was attended by 260 pupils last year. After extensive discussions with representatives of the energy providing company and state authorities, a working **electric connection** was established at the end of the year, thus eliminating generators, whose operation is expensive. Due to its own agricultural production, the school is **almost fully independent** from relying on external supplies of food.

## STUDENTS OF THE TECHNICAL INSTITUTE BUILD THEIR OWN SCHOOL

In 2009, the need for employment of the rural youth and the lack of vocational schools led Caritas of the Archdiocese of Prague to take

over the diocesan **Technical Institute of St. Charles Lwanga**. Caritas is gradually expanding the school to accept more students and offer more apprenticeships. Thanks to the 2012 investment, the school witnessed the construction of a **new carpentry workshop, restrooms, accommodation for teachers and incinerators**. Students whose curriculum includes building and construction disciplines participated in helping rebuild the school. The construction is on-going and a boy's dormitory is currently in construction.

## CARITAS HOSPITAL HAS BEEN HELPING FOR FIVE YEARS

In February 2012, the **St. Charles Lwanga Buikwe Hospital** celebrated the fifth anniversary since its founding. The Hospital has been providing health care to more than **27,000 patients**. The mobile clinic was en route 72 times to remote villages, particularly ensuring the health of pregnant women and providing new-borns with needed care. The government of Uganda donated a **CD4 Meter** which is used for rapid detection of HIV / AIDS symptoms. The hospital also continued its **training programs dedicated to malnutrition**. An **extension of the birth wing** of the hospital was initiated.

## OPPORTUNITIES IN EMPLOYMENT FOR POPULATION IN THE VILLAGES

An integral part of the Child Sponsorship Program® is the support communities. Therefore in 2011, Caritas launched a comprehensive community development program. The program encompasses dozens of small developing projects, which can be divided into five areas: **supporting farmers, constructing and restoring water resources, teaching crafts, provision of medical training and prevention and supporting small businesses**. In 2012, Caritas supported the production of coffee, thus providing farmers with a stable, commercially usable crop.

### PARTNER DIOCESES:

Lugazi, Kasana-Luweero, Kampala, Mityana-Kiyinda, Nebbi, Gulu



# Zambia

Caritas of the Archdiocese of Prague has helped Zambia since 2006. Czech staff coordinate and monitor projects in four dioceses. In addition to educational programs for the poorest children, Caritas organizes projects to support local communities. In 2009-2013, Caritas has been the partner of the Czech development agency regarding the establishment of new subject of midwifery assistant in Mongu.

## TO THE NATIONAL MUSEUM WITH CHILD SPONSORSHIP PROGRAM®

The **Child Sponsorship Program®** supported education of 680 children in Zambia in the past year. During the year, there were a number of extracurricular activities such as traditional knowledge and art competition about the Czech Republic. The reward

for pupils with the best school results was an excursion to the National Museum in the capital city.

## TAILOR'S SHOP AND A BAKERY CREATE NEW JOB OPPORTUNITIES

Caritas of the Archdiocese of Prague helps to develop activities that ensure people in communities generate their own future income. In the past year, it supported two projects: Caritas opened a **new bakery** in Mpanshya, which created new employment opportunities. Before opening the new bakery, it was necessary to provide a suitable object - people from the community were involved for its construction - and it was necessary to train a baker in some of the already established bakeries. In 2010 Caritas founded a **tailoring workshop** in town Solwezi. There are 20 tailors trained in two six-month courses every year. Graduates get lent sewing machine for half a year to get opportunity to establish their own business. Thanks to contracts, such as sewing school uniforms and backpacks for workers of copper mines near Solwezi etc., tailor's workshop is now partly independent and tailors are able to make enough money for the rent. In the future, a full financial independence of the workshop is expected.

## SUPPORT FOR THE SUBJECT OF MIDWIFERY ASSISTANCE IN THE WESTERN PROVINCE

Caritas carries out a program to support maternal health in Zambia's Western Province since 2009. This project was funded under the governmental program of foreign development cooperation. Within this project, Caritas established **new study of midwifery assistant** in Mongu, equipped a local medical school, built a boarding facility for students, equipped a local hospital and village health centers. In 2012, the hospital in Mongu got first ambulance in the Western Province. Study and partner health devices are now the foundation of care for mothers and newborns throughout the Province.

## CARITAS SUPPORTED COMPUTER LITERACY

Thanks to the finances from the governmental program Foreign Development Assistance Program, Caritas founded **Regional Information and Computer Center** in elementary school in Mpanshya, which represents the only computer lab between the towns of Chongwe and Lungwa in distance of about 200 km. Part of the project was a pilot training for a total of 30 students and two members of the teaching staff. Beyond the planned project, the program expanded to the evening classes, which were based on the current demand. The Center is functioning even after the project has been finished and is independently developing other activities. The permanent sustainability of the project is ensured not only by collecting minimal, non-discriminatory fees from students for the use of the internet, but also by using green technologies, including obtaining electricity through photovoltaic panels.

## PARTNER DIOCESES:

Solwezi, Kabwe, Lusaka, Mongu

# Democratic Republic of Congo

Congo is the fourth most populous country in Africa and unfortunately also one of the poorest. Caritas has helped here since 2006 to children in need of education and supports a project for street children in the capital Kinshasa.

## CHILD SPONSORSHIP PROGRAM® COVERS SCHOOL COSTS AND EXPENSIVE OPERATIONS

The **Child Sponsorship Program®** operates mainly in Kinshasa in the poor Makala district. The program selected two hundred of the poorest children who would, without this assistance, spend their lives in the streets of the city. Children receive paid tuition, textbooks, teaching aids, school uniforms, regular medical examinations, and if necessary, also more expensive examinations or surgery. They also have a psychosocial counseling center available. Older children may attend the **Secondary school of St. Christine**, which Caritas expanded and renovated in 2009.

## CENTER NDAKO YA BISO FOR CHILDREN LIVING ON THE STREETS

Caritas runs the **Ndako Ya Biso Center** for children living on the streets. The Center provides asylum for homeless children, and since the spring of 2012, its services are also available for girls. Children can have meals, wash themselves, do laundry, take part in games or learn. They have a playground, showers, dining room, psychological counseling center, and dispensary. The staff helps them to return to the family environment, find and complete practical and professional courses.

## PARTNER DIOCESE: Kinshasa

# Belarus

Caritas of the Archdiocese of Prague is developing a partnership with the local church and other non-profit organizations in Belarus since 2003. It helps to increase its capacity mainly in strengthening civil society. The **Child Sponsorship Program®** has a specific form in Belarus. It supports the personal development of children and youth from underprivileged families and helps to establish personal relationships with donors in the Czech Republic.

## CHILD SPONSORSHIP PROGRAM® FORWARDS FRIENDSHIP BETWEEN BELARUS AND CZECH FAMILIES

The **Child Sponsorship Program®** helps nearly 200 children and their families in Belarus. Personal contact with donors and supported family is allowed thanks to cultural and geographical closeness and is carried out mainly through regular correspondence and summer stays of children in the country.

## HOLIDAY IN THE CZECH REPUBLIC

At the end of July, the traditional **summer camp for Belarusian children** was held in the Czech Republic. It was attended by 35 children. Some of them were invited by donors and spent a week with them. Other participated on a program prepared by the staff of Caritas and volunteers.

In the past year, the **first summer camp in Belarus** was organized. The target group was again children from socially disadvantaged

families prewired to the Child Sponsorship Program® and their siblings. 43 children spent together ten days full of games, competitions and excursions in the resort Sopochkino in western Belarus.

## PARTNER DIOCESES: Vitebsk, Grodno, Minsk



# Support for foreigners in the Czech Republic

Migration is one of the priority topics addressed by the Caritas Europa (Association of Caritas in European countries). They try to push ahead eg. legislative changes at European level, to support the integration of foreigners and respect for their rights. Individual Caritas, including Caritas in the Archdiocese of Prague, develop services helping foreigners. They often find themselves in need or isolation due to ignorance of the language, low orientation in our culture and sometimes due to attitudes of the majority society.

## COUNSELLING CENTERS HELP IN JOB AND LIVING SEEKING

**Consulting services** are the most important part of the support for foreigners. The Counseling center for migrants and refugees of Caritas of the Archdiocese of Prague can help its clients with a variety of situations in which they cannot cope with by themselves. Caritas helps in dealing with authorities, finding housing, employment, including processing of work permits or validation documents. It provides social and legal counseling and in urgent cases emergency material assistance. Parish Caritas Prague 14 – Černý Most, Kyje specializes in counseling regarding job seeking. The Counseling center for immigrants and refugees provides its services also **in the field**, in which they assists clients where a particular situation requires (eg. accompanies foreigners to offices and institutions). Some immigrants cannot leave the center of the Refugee Facilities of Ministry of the Interior for some time. Workers of the Counseling Center therefore regularly commute into these centers to make them counseling services available. In 2012, there was a total of 3 122 foreigners sought for counseling services of Caritas.

## INTEGRATION SUPPORT

Caritas Prague 14 – Černý Most, Kyje is actively involved in support of the **foreigners integration**. It organizes courses of Czech language and computer literacy. The library and a computer room were available for the needs of foreigners. In addition to these educational activities Caritas supports integration by less formal way. In the past year, Caritas held 9 cognitive and conversational trips, as well as multicultural afternoon and several lectures about Czech Republic. A great response attracted an international football tournament. At least 276 foreigners participated in integration activities.

## CARITAS SERVICES NETWORK IS HELPING FOREIGNERS

Foreigners use the full network of Caritas social services. In case of need they were admitted to shelters, accommodated in flophouses or homes. There are no statistics on the number of foreigners enrolled in all Caritas. To illustrate, we note that 234 foreign nationals benefited social services of Caritas of the Archdiocese of Prague in the past year. Foreigners also use the help of network of voluntary Parish Caritas. Parish Caritas Strahov held several material collections every year intended exclusively for immigrant's families.

## SOCIAL COUNSELING CENTER: Caritas of the Archdiocese of Prague

**INTEGRATION SUPPORT:** Parish Caritas Prague 14 – Černý Most, Kyje, Caritas of Prague Archdiocese

# Mosaic of Events of 2012

## Caritas services were acknowledged by several competitions of quality

**Caritas in the Archdiocese of Prague occupies a leading position among providers of social services. Not only by the range of activity, but also by its quality. It is proved by many awards. During the year 2012, the individual Caritas organizations and workers received even several of them.**

Since 2011, Parish Caritas Neratovice is a holder of certificate CSN EN ISO 9001 for all provided services. In November, 2012, its professionalism was confirmed by another prestigious award. It obtained an award "successful organization" in the competition for the National Quality Award in the public sector category. The Director of Parish Caritas Neratovice, Miloslava Machovcová, received the award in the Spanish Hall of Prague Castle in November, two months after she won the Caritas Czech Republic Award 2012 for her extraordinary work for the Caritas. This year, Parish Caritas of Pribram became a holder of the certificate CSN EN ISO 9001. The organization proved it's abilities to meet the requirements of standards in quality management, efficient operation of internal processes and improving the quality management system.

## PRICES FOR A NURSE AND A VOLUNTEER

In the past year, individual workers were pleased to receive awards: Mrs. Veronika Foltýnová from Parish Caritas Beroun, received honorable mention Nurse of the Year. Joy was shared, not only by the family, who attended the ceremony at the New Town Hall in Prague 1, but also by clients of the Weekly care center of St. Agnes Czech, where Mrs. Foltýnová works. Mrs. Libuše Janovská helps as a volunteer for Parish Caritas Prague 3 – Zizkov. She coordinates the collection of clothing, footwear, headgear and household appliances, in which Caritas traditionally is involved. In 2012, Mrs. Janovská was awarded by City Hall of Prague 3 as a Volunteer of the Year.



Miloslava Machovcová receives Award for outstanding contribution to Caritas from President of Caritas Czech Republic, Mons. Pavel Posád.

## Two complex projects for children in shelters

**Children who live some of their childhood at the shelter and experience the difficulties that their parents put them through, are unfortunately disadvantaged in many areas of life. Caritas therefore developed a number of activities that try to overcome these handicaps.**



Parish Caritas Starý Knín operates the Shelter for women with children of St. Ludmila in Mokrovraty. In the past year, its clients could participate in the project "Support for the education of children with special educational needs and those who are involved with the education of these children". Educational activities were made especially for underprivileged children who often grow in uninspiring environments. Activities therefore lead to the development of their core competencies so that they could integrate into the team and later in society. Children participated in workshops, field trips and experiential education programs. The project cooperated with several primary schools, with teachers and workers who educate and tutor disadvantaged groups of children.





*Caritas projects helping parents and children in shelters, should among other things ensure, that those children with a family in a difficult social situation are affected as little as possible.*

#### LEARN TO BE A GOOD PARENT

Experiences show that many parents who seek help of asylum also have problems with emotional relationships towards their children. They lack basic parenting skills. They come from dysfunctional families themselves and due to their own childhood, they bring patterns of an unhealthy family lifestyle. Caritas of Prague Archdiocese created a method for mothers in shelters of how to pass parental competences. The project, called "Support for parental competences of mothers in shelters of Caritas of the Archdiocese of Prague", includes individual consultations, training of model situations, therapeutic classes or video training interactions. "I consider as the most important thing to build a relationship between mother and child," says social therapist Pavla Němcová, and continues, "I mainly try to support mothers to ensure that they are able to listen to their children and that they can devote their time to them." Thanks to the project, parents and children are able to work on their relationship and begin to communicate better. Such family environments gives hope that we manage to cut the vicious circle – that children, although growing up in a shelter, can still be good parents to their own children in the future.

### Caritas family silver: dedication of volunteers from caritas

**Prague diocese has 7 voluntary Parish Caritas. How can be such an organization without permanent employees and limited financial resources beneficial to its surroundings? For illustration, we will**

#### introduce how the year 2012 passed in one of the volunteer Caritas – in the Parish Caritas Říčany.

Caritas Říčany was founded 20 years ago to help especially the people in need within the parish community. Gradually, it came to the attention of most residents of the city. Today, persistent and dedicated volunteer work helps hundreds of those in need. Directress of The Parish Caritas Říčany, Mrs. Marie Junková, introduces the activity in 2012: "Our Caritas has 6 members and volunteers. We do not operate any Caritas facilities, but we focus on organizing events for the elderly and the sick. We organize humanitarian collections. We started the new year of 2012 with the Three Kings collection. We collected an amount of CZK 64,804 in 17 collection boxes, the highest of all the previous years.

#### EARLY EVENING CHAT FOR SENIORS

We were organizing various events during the whole year in Říčany nursing home. More than 200 seniors attended. Every month, we prepared the early evening chat. For example, the program was made up of a discussion and competition "100 +1 interest" (chat about the attractions of nature and technology), lecture "The smells", discussion "period of Lent and Easter period", band songs of children from School of Music "songs with flute", projection of photographs "Croatia – known – Unknown", and a workshop with the exhibition "Hand work", concert Prague Salon Orchestra and others.

In addition, we organized a pavilion in May for Mother's Day with musical and floral gifts for inmates of the House of nursing service. In December, the Christmas meeting was not lost.

#### VISITING THE ILL

On Christmas day, we have traditionally visited patients who spent Christmas in the long term hospital Vojkov. We met with 70 patients. We gave them small gifts and greeting cards drawn by children, and we tried to encourage and cheer them up from their illness and separation from family, because especially on Christmas day, being in hospital is difficult.

#### LONG-TERM PROJECT – THE "CHARITY MONEYBOX"

We regularly send a journal Říčany's Courier to Říčany's former citizens who reside in the home for the elderly in Jenštejn. In May and October, we organized a humanitarian collection for those in need. We helped to organize a carnival for children which is held in February by the parish. If possible, we want to further develop our business. Since March 2013, we are introducing a new, long-term project "Charity moneybox", in cooperation with the parish. The moneybox will be placed in the church and will collect money for certain purpose or specific recipient for one or two months. The first one who was selected for this cash gifts was Senior Home in Mukařov."

### Three kings collection helps seniors, families and patients

**In January 2013, for the thirteenth time, carolers came out in villages and towns throughout the country to wish people a blessing in the new year and asked for carol – contribution to Caritas projects for the needy. In the Archdiocese of Prague, thousands of carolers attended the Three Kings Collection and managed to ask for more than 4.2 million. At the time of closing this annual report, it is already decided how the yield will be used in 2013.**



Local coordinators of Three Kings Collection (Parish Caritas, parishes, but schools as well) are deciding about the use of most financial resources (65%). More than 100 local coordinators were involved in the collection this year. Money is then used directly in the region where it was collected. It helps many groups in need: the elderly, the socially disadvantaged families, the sick, and children. Support takes the form of direct material assistance; more often it is the contribution to the operation or equipment of specific social services – shelters, halfway houses, care centers for seniors, maternity centers, centers for home health care, etc. The Three Kings Collection has also a common purpose in every diocese which is supported by 15% of the total yield. In 2013, intention of Caritas of the Archdiocese of Prague was used for residential services for the elderly and people suffering from Alzheimer's disease.

#### COLLECTION HELPS ABROAD

A tenth of the yield is devoted to development and humanitarian help. Collection of the Archdiocese of Prague supported the St. Charles Lwanga Buikwe Hospital in Uganda. Caritas Czech Republic projects are supported by 5% of the yield. The remaining 5% is distributed to operational costs of the collection.

#### THANK YOU, COORDINATORS AND DONORS

Three Kings Collection is a collaborative effort of many people. Ing. Jaroslav Němec, director of the Caritas of the Archdiocese of Prague expresses his appreciation to those without whom this collection could not help: "Thank you to everyone who devoted with great enthusiasm to the coordination and realization of the collection. Appreciation belongs to parishes that are admirably increasing its activities every year. Thank you, donors. Thanks to their support, we noticed a record yield this year as in the Archdiocese of Prague, so as nationwide. Without the financial support of the Three Kings Collection it would be difficult to maintain operation of certain social services."



*Besides individual households, carolers addressed to the public in the streets as well as visited the stores. They also met famous personalities who expressed their support for the Three Kings Collection and Caritas work.*

### Spa vacation for clients of parish caritas pribram

**During the year, Caritas organizes number of trips for their clients – seniors, disabled or children. It adds to the quality of the life in any age and condition because there is something everyone can enjoy such as experiencing an interesting program, having nice memories and something special to look forward to. One of those experiences was a stay at the spa Bechyně for a group of clients of Parish Caritas Píbram. Three dozen seniors and people with disabilities attended a spa stay. During the first day, they passed a medical examination in the spa house where everyone was set individual plan procedures. Beside the therapeutic activity, there was a prepared, varied program.**

Clients could bowl, visit the theater, where they personally met with actor Rudolf Hrušínský, they could play some sports in the pool, draw, model, paint mugs, sing and much more. "The satisfaction and gratitude that we got from clients throughout the stay were the assurance for us that our work is meaningful," says directress of Parish Caritas Píbram Alena Ženíšková. "For me personally, what felt good in my heart? Moments when I saw that also impartial people like a receptionist, cultural officer, workers on procedures and other guests have tears in their eyes. They were touched by the fact of what is possible to do for people whom others think that they can only stay home or in an institution. Thank you workers of spa house, civil association Corridor and staff of our Parish Caritas. I look forward to a similar event."

# Overview of costs, revenues and Number of Employees

	Beroun	Černý Most Kyje	Čelákovice	Dobříš	Holešovice	Chodov	Kobylisy	Kralupy	Lysá	Modřany	Neratovice
Consumption of material, goods and energy	2 971	40	0	2	304	243	4	425	7	11	2 061
Services	3 777	73	0	2	611	447	17	1 601	61	12	8 447
Personnel expenses	10 105	57	0	0	3 838	3 980	0	1 807	0	0	15 653
Other personnel expenses	1 398	217	0	3	620	0	41	165	0	0	428
Social security expenses and health insurance	3 566	27	0	0	1 430	1 368	0	599	0	0	5 366
Other expenses	273	28	71	61	225	17	29	266	2	5	1 069
Depreciation	687	0	0	0	0	48	0	638	0	0	334
<b>Total costs</b>	<b>22 777</b>	<b>442</b>	<b>71</b>	<b>68</b>	<b>7 028</b>	<b>6 103</b>	<b>91</b>	<b>5 501</b>	<b>69</b>	<b>28</b>	<b>33 358</b>
Revenues from sale of own products and services, including individual project	14 501	60	0	0	682	924	0	4 464	0	25	5 783
Revenues from health insurance companies	0	0	71	0	4 984	1 932	0	0	0	0	22 137
Grants from the Ministry and the Office of the Government	6 037	71	0	0	1 777	1 825	0	290	0	0	3 220
Grants from the Region	0	0	0	0	80	385	0	0	0	0	185
Grants from the Municipality	552	49	0	0	0	585	0	100	28	0	2 104
Other grants (from Labour Office), including EU grants	1 064	112	0	0	0	0	0	0	0	0	0
Other revenues	807	116	0	0	1	88	0	6	0	5	20
Domestic donations	1 003	35	0	72	1	597	71	326	10	0	167
Foreign donations	8	0	0	0	0	0	0	0	0	0	0
Church collections	0	0	0	0	14	43	0	43	0	0	53
Other collections	0	0	0	0	0	0	0	0	29	0	0
<b>Total revenues</b>	<b>23 972</b>	<b>443</b>	<b>71</b>	<b>72</b>	<b>7 539</b>	<b>6 379</b>	<b>71</b>	<b>5 229</b>	<b>68</b>	<b>30</b>	<b>33 669</b>
<b>Profit or loss</b>	<b>1 195</b>	<b>1</b>	<b>0</b>	<b>4</b>	<b>511</b>	<b>276</b>	<b>-20</b>	<b>-272</b>	<b>-2</b>	<b>2</b>	<b>311</b>

Construction investments	10	0	0	0	0	0	0	0	0	0	0
Facility investments	0	0	0	0	0	0	0	0	0	0	386
<b>Total investments</b>	<b>10</b>	<b>0</b>	<b>386</b>								
Subsidies for investments	0	0	0	0	0	0	0	0	0	0	0
Other investment resources	0	0	0	0	0	0	0	0	0	0	0
<b>Total investment resources</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Investment resources – expenses</b>	<b>-10</b>	<b>0</b>	<b>-386</b>								

## NUMBER OF EMPLOYEES

Real	58	0	0	0	29	24	0	16	0	0	73
FTE	57	1	0	0	20	23	0	8	0	0	58

# of Caritas in the Archdiocese of Prague (in thousands of czk)

Nymburk	Praha 1 Nové Město	Praha 1 sv. Petr	Příbram	Rakovník	Roudnice	Řepy	Řevnice	Říčany	Starý Knín	Stodůlky	Vlašim	Žižkov	THE PARISH CHARITY TOTAL	ADCH Prague	TOTAL
89	57	10	767	29	797	0	0	0	1 385	602	138	30	9 972	10 160	<b>20 132</b>
37	56	183	1 500	1	393	0	0	0	6 617	331	717	1	24 884	20 441	<b>45 325</b>
103	402	582	3 629	0	3 717	0	0	0	11 944	2 331	1 878	0	60 026	26 538	<b>86 564</b>
32	133	0	232	0	373	0	0	0	1 855	78	117	0	5 692	2 709	<b>8 401</b>
39	138	298	1 235	0	1 381	0	0	0	4 379	793	639	0	21 258	9 336	<b>30 594</b>
13	38	0	949	0	61	33	81	12	299	75	125	22	3 754	6 625	<b>10 379</b>
0	0	75	203	0	85	0	0	0	113	0	38	0	2 221	7 681	<b>9 902</b>
313	824	1 148	8 515	30	6 807	33	81	12	26 592	4 210	3 652	53	127 806	83 490	<b>211 296</b>
66	0	0	1 346	0	765	0	0	0	9 418	5	227	0	38 266	23 419	<b>61 685</b>
0	0	0	6 044	0	0	0	0	0	1 772	3 931	1 433	0	42 304	483	<b>42 787</b>
0	685	0	0	0	3 135	0	0	0	8 081	0	632	0	25 753	20 436	<b>46 189</b>
0	0	0	1 263	0	150	0	0	0	1 195	300	0	0	3 558	4 453	<b>8 011</b>
0	75	0	145	0	1 567	0	0	0	155	190	65	30	5 645	217	<b>5 862</b>
119	0	0	17	0	720	0	0	0	941	0	85	0	3 058	5 448	<b>8 506</b>
2	0	0	44	0	156	0	81	0	5 365	11	656	20	7 378	23 839	<b>31 217</b>
39	17	1 120	1	1	257	0	0	3	0	73	351	0	4 144	1 067	<b>5 211</b>
0	0	0	0	0	0	0	0	0	0	0	0	0	8	0	<b>8</b>
40	0	0	0	0	0	0	0	0	0	35	0	0	228	0	<b>228</b>
0	0	0	28	15	0	30	0	9	0	0	0	0	111	0	<b>111</b>
266	777	1 120	8 888	16	6 750	30	81	12	26 927	4 545	3 449	50	130 454	79 362	<b>209 816</b>
-47	-47	-28	373	-14	-57	-3	0	0	335	335	-203	-3	2 647	-4 128	<b>-1 481</b>

0	0	0	0	0	0	0	0	0	0	0	0	0	10	1 881	<b>1 891</b>
0	0	0	0	0	0	0	0	0	0	247	0	0	633	0	<b>633</b>
0	0	0	0	0	0	0	0	0	0	247	0	0	643	1 881	<b>2 524</b>
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	<b>0</b>
0	0	0	0	0	0	0	0	0	0	247	0	0	247	1 881	<b>2 128</b>
0	0	0	0	0	0	0	0	0	0	247	0	0	247	1 881	<b>2 128</b>
0	0	0	0	0	0	0	0	0	0	0	0	0	-396	0	<b>-396</b>

2	7	3	26	0	30	0	0	0	94	9	16	0	387	126	<b>513</b>
1	4	0	14	0	21	0	0	0	73	7	16	0	302	118	<b>420</b>

Detailed report on the performance of individual Caritas are listed in their separate annual reports or annexes to this Annual Report.

# Vote of thanks to donors and partners



Dear friends,

*in the annual report, we have prepared a brief summary of the work of our Caritas. The Caritas of the Archdiocese of Prague and 39 Parish Caritas operate in the Archdiocese of Prague. Together, they provide a range of social and health services and implement many assistance projects in our archdiocese and abroad.*

*The annual report could be only a very brief summary. So as each number in the economic report is the sum of large amount of data, as well as patient daily work of many workers and volunteers stands behind each service mentioned in this report. They provide a helping hand to people who are, for various reasons, in a difficult life situation.*

*In 2012, it was essential for Caritas that despite the difficult economic situation and the reduction of public finances for social services, we maintained the existing level of assistance. Some services were converted during the year to better meet the needs of clients. I therefore thank all donors – institutional donors, individual and company contributors for their support and trust.*

*Apart from institutions whose logos are posted here, I would like to express special thanks for their support and cooperation Prague 3, Prague 4, Prague 7, Prague 11, Prague 12, the municipal authority Kralupy nad Vltavou, Roudnice nad Labem. Further doctors and social workers of the Motol University Hospital, CSDF Help the Children Foundation. Thank you to all Roman Catholic parishes, to support the work of Caritas.*

Ing. Jaroslav Němec

Director of the Caritas of the Archdiocese of Prague



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